

THE GROSSE POINTE PUBLIC SCHOOL SYSTEM
Grosse Pointe, Michigan

Dear Parents:

When a case of contagion is reported, it is our policy to notify parents in the room concerned in order that every family may be on the alert for symptoms of the disease. This is merely a precautionary measure to better protect the children of the community.

A case of _____ has been reported in your child's room.

DISEASE (ORGANISM)	INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	ACTIONS TO BE TAKEN &/OR EXCLUSION PERIOD
ANIMAL / HUMAN BITES (Bacteria, Viruses & Fungi)	Variable. Rabies in man from an animal bite is 10 days to over 1 year; usually 2-8 weeks.	Variable depending on organism involved.	Seek medical attention immediately. Report animal bites to local animal control center.
CHICKEN POX & HERPES ZOSTER (Shingles) (Virus)	2-3 weeks; commonly 13-17 days.	As long as 5 but usually 1-2 days before onset of rash & not more than 1 week after first crop of lesions appear.	Exclude until 1 week after the eruption of first crop of lesions and all lesions have crusted.
COMMON COLD (Viruses)	12 to 72 hours; usually 48 hours.	Usually 24 hours before onset of symptoms to 5 days after onset.	Exclude until symptoms have disappeared, usually within 5 days from onset.
CONJUNCTIVITIS (Pink Eye) (Bacteria, Viruses)	Variable dependent upon infecting agent	During course of active infection.	Exclude until under medical care and drainage from eyes has cleared.
FIFTH DISEASE (Hungarian Measles; Erythema Infectiosum) (Virus)	About 4-15 days.	Unknown duration. Probably a few days before rash begins.	No exclusion providing rash is diagnosed as fifth's disease by physician.
HAND, FOOT AND MOUTH DISEASE (Viruses)	3-5 days.	As long as organisms are present.	Exclude until lesions have begun to heal, the fever is gone & physician approves return.
HEPATITIS , TYPE A (Virus)	14-55 days; average is 28-30 days.	2 weeks before onset of symptoms to a maximum of 2 weeks after onset.	Exclude until 2 weeks after onset of symptoms or 10 days after jaundice onset if it occurs
HEPATITIS , TYPE B (Virus)	45-180 days; average is 60-90 days.	Several weeks before onset of symptoms until blood is no longer positive for evidence of virus.	Usually no exclusion recommended. Restriction from certain blood exposure activities should be considered individually.
HERPES SIMPLEX Types I & II (Viruses)	2-12 days.	Usually as long as lesions are present. Has been found in saliva for as long as 7 weeks after mouth lesions.	No exclusion recommended.
IMPETIGO (Bacteria)	Variable, indefinite; commonly 4-10 days.	While sores are draining.	Exclude until under treatment and lesions healing & no new lesions appear.

Communicable Disease Reference Chart (Continued)

DISEASE (ORGANISM)	INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	ACTIONS TO BE TAKEN &/OR EXCLUSION PERIOD
INFLUENZA (Viruses)	Short, usually 24 to 72 hours.	Probably up to 3 days from clinical onset.	Exclude until 3 days from onset of symptoms.
MENINGITIS (Aseptic/Viral) (Viruses)	Depends on type of infectious agent.	Depends on type of infectious agent.	Exclude until physician approves return.
MENINGITIS (Haemophilus influenzae) or (Neisseria meningitidis) (Bacteria)	2-10 days; commonly within 2-4 days.	As long as organisms are present.	Exclude until under treatment & physician approves return.
MONONUCLEOSIS (Virus)	From 4-6 weeks.	Communicability may persist up to a year.	Exclude until physician approves return.
MUMPS (Virus)	About 2-3 weeks; commonly 18 days.	As long as 6 days before gland involvement to 9 days after swelling. Most infectious 48 hours before onset.	Exclude until swelling or other symptoms have disappeared.
PEDICULOSIS (Head Lice) (Insect)	Eggs hatch in 7-10 days.	Until lice and viable eggs are destroyed.	Exclude until 1st treatment is completed. Admit if a single treatment medication is used, or reexclude if 2 dose product is used & not done in 10 days.
PERTUSSIS (Whooping Cough) (Bacteria)	5-21 days, average within 10 days.	7 days after exposure to 3 weeks after onset if not treated, or 1 week after treatment.	Exclude until 3 weeks from disease onset if not treated or 1 week after treatment.
PINWORMS (Enterobiasis) (Roundworm)	4-6 weeks.	As long as eggs are laid.	Exclude until at least one treatment is completed and physician approves return.
RINGWORM (Fungi)	4-14 days.	As long as lesions are present.	Exclude until under phys. care.
RUBELLA (German or 3 day Measles) (Virus)	14-23 days; usually 16-18 days.	From 1 week before to 4 days after onset of rash.	Exclude until 5th day after onset of rash.
RUBEOLA (Hard or 10 day Measles) (Virus)	14-23 days; 10 days average.	Beginning of cold symptoms to 4 days after rash onset.	Exclude until 5th day after onset of rash.
SALMONELLA (Bacteria)	6-72 hours; commonly 12-36 hours.	During the course of infection and until organisms are no longer in feces.	Exclude until symptoms have gone. Activity exclusion based on WCHD recommendations.
SCABIES (Insect)	First time infection 2 to 6 weeks; subsequent infections 1 to 4 days.	Until mites and eggs are destroyed.	Exclude until 1st 24 hours treatment completed. Re-exclude if 2nd treatment not done within 10 days.
SCARLET FEVER & STREP THROAT (Bacteria)	1-3 days usually.	If untreated, 10-21 days or longer if treated within 48 hours.	Exclude until under treatment for 2 days.
SHIGELLA (Bacteria)	1-7 days; commonly 1-3 days.	During course of infection and until organisms are no longer in feces.	Exclude until symptoms have gone. Activity exclusion based on WCHD recommendations.