

# ARE YOU AWARE?

# DECEMBER 2022

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

## BODHI DAY

Bodhi Day is the Buddhist holiday that commemorates the day that Siddhartha Gautama (Shakyamuni Buddha) is said to have attained enlightenment under the Bodhi tree. In Japan, Mahayana Buddhists commemorate this day by meditating, studying, chanting Buddhist texts (sutras), and performing kind acts towards others.

## HANUKKAH

Hanukkah celebrates the rededication of the Temple in Jerusalem after its defilement by an oppressive regime in 164 BCE. During this Jewish holiday, celebrants light candles successively, commemorating the miracle of eight nights of light supplied by only one evening's worth of oil found on the historic recovery of the Temple.

## MORE ABOUT KWANZAA

Founded in 1966, Kwanzaa is a week long holiday celebrating African-American heritage. Observed with candle lighting ceremonies, feasts, and reflections on past struggles and future hopes, Kwanzaa is derived from the word "first" in Swahili and takes inspiration from the start of the harvest season in Africa.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 International Day for Persons with Disabilities
4	5	6	7	8 Bodhi Day	9	10 Human Rights Day
11	12	13	14	15 Bill of Rights Day	16	17
18 Hanukkah begins at sunset	19	20	21	22	23	24
25 Christmas Last night of Hanukkah	26 Kwanzaa begins	27	28	29	30	31
Jan 1 Kwanzaa ends				<b>DID YOU KNOW?</b> December 25 is not the date mentioned in the Bible as the day of Jesus's birth. The Bible is actually silent on the day or the time of year when Mary gave birth to him in Bethlehem.		