

**MONDAY****All "Fun on the Run" Bags**

Comes complete with the Sandwich of the Day, Mini Veggies, Fresh Fruit, Baked Cheese crackers and a Fruit Juice.

**Every Monday is Frito-Lay Fun on the Run Day****TUESDAY****Served Daily**

**A choice of 1% & 2% Milk**

**WEDNESDAY****World Vegetarian Day 1****Select 1 Entrée**

1. Hungry Howies Cheese Pizza
2. Egg Salad on Wheat
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

- Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**THURSDAY****Select 1 Entrée 2**

1. Baked Mini Chicken Corn Dogs w/Sweet Potato Fries
2. Garden Salad
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

- Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**FRIDAY****All American Meal 3****Select 1 Entrée**

1. All Beef Hot Dog
  2. Hamburger
  3. Cheeseburger
- All Served w/Baked Fries*
4. Grilled Cheese Sandwich
  5. Uncrustable PB&J

**Select 1-3 Offering**

- Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit Salad

**6**

**Select 1 Entrée**

1. Penne Pasta w/Marinara Sauce
2. **Fun on the Run - Turkey Sub**
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**7**

**Select 1 Entrée**

1. (2) Soft Beef Tacos w/Salsa Rice
2. Nachos & Cheese
3. Chef Salad
4. Grilled Cheese Sandwich
5. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**8**

**Select 1 Entrée**

1. Hungry Howies Pizza
2. All American Turkey Sub
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**9**

**Select 1 Entrée**

1. Chicken Patty Sandwich w/Sweet Potato Fries
2. Chef Salad
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**Asian Inspired Meal 10**

**Select 1 Entrée**

1. Asian Stir Fry w/Veggie Egg Roll & Fortune Cookie
2. Grilled Cheese Sandwich
3. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Mixed Fruit Cocktail

**13**

**Select 1 Entrée**

1. Homemade Mac & Cheese
2. **Fun on the Run - Tuna on Wheat**
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**14**

**Select 1 Entrée**

1. Taco Salad Bowl w/Refried Beans
2. Nachos & Cheese
3. Garden Salad
4. Grilled Cheese Sandwich
5. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**15**

**Select 1 Entrée**

1. Hungry Howies Pizza
2. Tuna on Wheat
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**16**

**Select 1 Entrée**

1. Chicken Nuggets w/Sweet Potato Fries
2. Garden Salad
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**Lucky Tray Day**

**All American Meal 17**

**Select 1 Entrée**

1. All Beef Hot Dog
2. Hamburger
3. Cheeseburger

*All Served w/Baked Fries*

4. Grilled Cheese Sandwich
5. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Applesauce

**20**

**Select 1 Entrée**

1. Spaghetti & Meatballs
2. **Fun on the Run - Turkey Ham & Cheese**
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**21**

**Select 1 Entrée**

1. Grilled Chicken Fajitas w/Salsa Rice
2. Nachos & Cheese
3. Grilled Chicken Caesar Salad
4. Grilled Cheese Sandwich
5. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**22**

**Select 1 Entrée**

1. Hungry Howies Pizza
2. Turkey Ham & Cheese
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**23**

**Select 1 Entrée**

1. Oven Baked Drumstick w/Homemade Mashed Potatoes
2. Grilled Chicken Caesar Salad
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**French Inspired Meal 24**

**Select 1 Entrée**

1. French Toast Sticks w/Sausage & Syrup
2. Grilled Cheese Sandwich
3. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**27**

**Select 1 Entrée**

1. Cheese Ravioli w/Marinara Sauce
2. **Fun on the Run - Turkey Sub**
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**28**

**Select 1 Entrée**

1. Cheese Quesadillas w/Salsa Rice
2. Nachos & Cheese
3. Tuna Salad w/Wheat Crackers
4. Grilled Cheese Sandwich
5. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**29**

**Select 1 Entrée**

1. Hungry Howies Pizza
2. All American Turkey Sub
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fresh Fruit

**30**

**Select 1 Entrée**

1. BBQ Chicken Sandwich w/Baked Beans
2. Chicken Salad w/Wheat Crackers
3. Grilled Cheese Sandwich
4. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Chilled Fruit

**Lucky Tray Day**

**German Inspired Meal 31**

**Select 1 Entrée**

1. All Beef Frankfurter on a Bun w/Potato Pancakes
2. Grilled Cheese Sandwich
3. Uncrustable PB&J

**Select 1-3 Offering**

Fresh Mixed Greens  
Fresh Cut Mini Veggies  
Fruit Cocktail



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**October '08**

**GROSSE POINTE SCHOOLS  
LUNCH MENU**