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| Quarter One | Quarter Two |
| Baby Sitting (12 class days approx)* Diapering
* Feeding
* Safety
* Bed Time
* Activities
* Preparing for the Job
* Help Wanted Ad

Grooming (10 class days approx)* Healthy Eating
* Importance of Sleep
* Importance of Exercise
* Day Spa
* Dangers of Soda
* Sun Care

CA: Grooming Pre and Post Tests | Intro: My Plate* Choose My Plate
* Kitchen Safety
* Healthy B’fast lab
* Healthy Lunch lab
* Healthy Dinner lab
* Healthy Snack lab
* Dessert lab
* Table Setting/Manners
* Cook at home project

Sewing* Locker Caddy

CA: Parts of the Plate  |

Life Skills Pacing Guide- 6 Exploratory Life Skills